



Lansdale Catholic High School Athletics

Parenting and coaching are both extremely difficult vocations. As parents and coaches become more aware of each other's roles and responsibilities, all of our children benefit. When your child becomes involved in our athletic programs, we have an obligation to make certain you understand what expectations are placed on him/her. This is facilitated by clear communication between you and your child's coaches.

Research indicates that students involved in co-curricular activities have a greater chance for success in school and during adulthood. Many of the character traits developed as a successful participant are exactly those that will promote a successful life after high school. We hope the information provided here helps to make both your child's and your experience with the Lansdale Catholic athletic program less stressful and more enjoyable.

Communication you should expect from your child's coach

1. Expectations the coach has for your child as well as all the students on the squad.
2. Locations and times of all practices and contests.
3. Team requirements, i.e., practices, special equipment, out of season conditioning.
4. Discipline that may result in the denial of your child's participation.

Communication coaches expect from parents

1. Any concerns are expressed directly to the coach.
2. Notification of any schedule conflicts well in advance.

If your child becomes involved in the programs at Lansdale Catholic High School, they will experience some of the most rewarding moments of their lives. It is important to understand that there may also be times when things do not go the way you or your child wishes. If this occurs, you are encouraged to contact your child's coach.

Appropriate concerns to discuss with coach

1. The treatment of your child
2. Ways to help your child improve.
3. Concerns about your child's behavior.

You may become concerned that your child is not playing as much as you may hope or their position status. Coaches are professionals. They make decisions based on what they believe to be best for all students involved. Clearly, certain aspects of participation can and should be discussed with your child's coach. However, other issues are more directly the responsibility of the coach.

Issues not appropriate to discuss with coaches

1. Playing time
2. Team strategy
3. Other student-athletes

There are situations that may require a conference between the coach and the parent, and this is encouraged. It is important that both parties involved have a clear understanding of the other's position. When these conferences are necessary, the following procedures should be followed to help promote a resolution to the issues or concern.

Procedures to follow if there is a concern to discuss with a coach

1. Please encourage your child to speak directly with the coach. The concern can often be taken care of at that time, before or after a contest or practice.
2. Call to set up an appointment.
3. If the coach cannot be reached, email the athletic director. He will assist you in arranging a meeting.
4. Please do not attempt to confront a coach before or after a contest or practice. These can be emotional times for both the parent and the coach. Meetings of this nature do not **promote a positive resolution** of concerns.
5. If the meeting with the coach did not provide a satisfactory resolution, call to schedule an appointment with the athletic coordinator **to further discuss** the situation.

Expectations of Parent/Guardian

1. Support your student athlete's efforts toward success.
2. Work to promote a positive environment that is conducive to the developmental of your student athlete.
3. Become familiar with, and review the rules and regulations with your student athlete.
4. Communicate any concerns in a timely manner, according to Lansdale Catholic protocol.
5. Treat all coaching personnel with courtesy and respect, and insist your student athlete does the same.

Absence and Tardiness to School

If a student is absent on a school day, he/she may not participate in school events that day. A student must be in school by 8:45 a.m. to be considered eligible. Any student dismissed early, for a reason which is not compelling, may not participate in after school activities/sports that day. If the student has an unexcused absence on the day before a weekend the student may not participate in any school activities or athletics, the following day. Participation is also at the discretion of the Assistant Principal for Student Services. On return, the student must present to the Student Services Office the L.C. Excuse form or parent note or a physician's certificate.

Illness

Students who are ill during regular school hours or need to be sent home due to illness are automatically dismissed from practice or game on that day.

Students reporting to school, later than 8:45 AM at the High School because of illness will not be permitted to practice or play on that day unless a written release from a physician is presented.

Transportation

Student athletes must travel to and from contests, away from school, in transportation provided by the school.

The only exceptions are:

- Injury to a participant that would require alternate transportation.
- Prior arrangement made in writing between the participant's parent/guardian and the athletic director or coach.
- Where school transportation is not provided and alternative means are approved.

Schedules/dismissals

<http://schedules.schedulestar.com>

Athletic Director Information

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