



Spring Sports Announcement

Dear Parents and Guardians,

It is hard to believe that winter is coming to an end and our spring sports are about to commence. Below you will find some very important information. Should you have specific questions regarding your child, please reach out directly to your head coach (listed below). We are looking forward to an outstanding spring season!

February 27, 2017:

- All PIAA Forms Due: Turn into Sylvia or head coach
- 5:30 pm: Spring Sports Mass: In Gym
- 6:30 pm: Athletic Director meeting: In Gym
- 6:50 pm: Individual team meetings (class location determined the night of the event)

March 6, 2017:

- First day of official practice

Coaches Names and Contacts:

- **Boys Volleyball - Head Coach Mrs. Kathy Arnow** - kathyarnow@verizon.net
- **Girls Lacrosse - Head Coach Ms. Alexis Setley '11** - ajsetley@gmail.com
- **Baseball - Head Coach Mr. Nick Villucci** - nick@a2ipa.com
- **Softball - Head Coach Mr. Paul Suder** - lancat99@gmail.com
- **Boys Lacrosse - Head Coach Mr. Thomas Nace** - thomasnace@gmail.com
- **Track (Boys & Girls) - Head Coach Mr. Matt Connelly**
- **Boys Tennis - Head Coach Mrs. Lisa Polk** - lpolk@lansdalecatholic.com
- **Ms. Sylvia Sokol-Doran - Athletic Trainer**
lctrainer@lansdalecatholic.com - Office Phone 215.362.6160 ext. 174

Medical Forms (PIAA):

<http://www.lansdalecatholic.com/athletics/physicalsmedical-information.aspx>

Schedules:

<http://www.lansdalecatholic.com/athletics/schedule-star.aspx>

Best,

Tom Quintois, Athletic Director